

RC COUNSELING SERVICES

Emily Johnson, CRC, LPC – Director
Amanda Prachel, LMFT - Assistant Director
Third Floor Bartlett

What do we offer:

- Free, confidential, individual mental health counseling sessions.
- Available week days, Monday through Friday 8-4:30pm.
- Also offering evening and walk in times. Will post hours on social media and email.

Instagram at [rccounseling123](#)

To schedule a time to meet:

- Email rccounseling@ripon.edu
- Tell us your best days and times that work for a session.
- Sessions can be via Zoom or in-person

In case of an emergency:

Students who are in a situation where danger is imminent and immediate help is required (suicide attempt, assault, harm to self or others) should utilize the following 24/7 crisis resources.

- 988 Suicide Hotline (call and chat options)
- #911 (Emergency Responders)
- #1-920-273-8255 (National Suicide Prevention Hotline)
- #1-866-488-7386 (Trevor LGBTQ Lifeline)
- #1-920-929-3535 (Crisis Intervention for Fond du Lac County)
- #1-920-926-5395 (ASTOP Sexual Assault Services)
- #748-8703 (Campus Security)

Off campus resources in the area:

Collaborative Wellness: 920-659-6121 Located in downtown Ripon. Insurance required or private pay. Waitlist can be 1-3 months as of 8/28/24.

Suasponete Center: Zoom only. Accepts most insurance plans.
Email suaspontecenter1@gmail.com to request an appointment.

Aurora Health Center: 920-745-4700 Located in Ripon. Insurance required and must see a primary care provider to make the referral to a therapist. Waitlist is 3+ months as of 8/28/24.

SSM: 920-748-3101 Located in Ripon. Insurance required. Waitlist is 3-6 months as of 8/28/24 is also available at the Ripon Hospital location. SSM Health also has a behavioral health walk-in clinic located at 845 Parkside St. (Ripon Hospital). The hours are Monday-Friday 7:30am – 7:00pm. Saturday and Sunday 8am – 5pm.

Fond du Lac County Behavioral Health: 920-929-3500 Located in Fond du Lac. Provides services on a sliding fee scale and does take insurance. Waitlist is 3-6 months. Students would have to go to Fond du Lac County and fill out paperwork in person. They hear back within 72 hours if they go on a waitlist or need to seek other providers.